

### How to make a storyboard

Slide/take	Viusals	Text	Lenght	Roles
Introduction	Slide		01:53	██████
Strucutre	Slide	Country Political situation Ethnic groups History Social situation Gender situation Rules for communication Volunteer Work Dress Code Ideas for a successful stays	00:20	██████
Country	Slide	English is the official language 87% are Christians Capital: Windhoek Population: 2.1 million Because of the Namib Desert, Namibia is one of the least densely populated countries in the world	00:20	██████
Political Situation	Slide	Republic with a semipresidential government system Gained independence in 1990 media-friendly large and sparsely populated stability since gaining independence in 1990 after a long struggle against rule by South Africa. (BBC)	00:42	██████
Ethnic groups	Slide	Ovambo : 49.5 Kavango: 9.2% Coloured (including Basters): 8% Herero: 7% Damara: 7% Namibian whites: 7.0% Nama: 4.7% Lozi (Caprivian): 3.5% San: 3% Tswana: 0.6% Others: 0.5%	00:23	██████
History	Slide	In 1883 Adolf Lüderitz bought a part of the country. German South West Africa was a colony of the German Empire from 1884 until 1915. The colony had a population of 2,600 Germans. In 1904 germany send 4,000 troops to Namibia to fight against the rebellions. As a result Germany made a big genocide in 1905 which nearly killed 50% of the population. In 1915 troops of the south african union conquer the country.	00:30	██████

Social situations	Slide	<p>Disproportionate distribution of wealth  one of the best health systems in Africa but a life expectation of 50 years  11% of the population has AIDS  87% are Christians (colonial time)  only 13% are supporters of their traditional religions  28% of the population is not in employment, education or training</p>	00:33	
Gender situation	Slide	<p>Big discrimination problem against women and children  much prostitution  human rights problems: 1. slow pace of judicial proceedings 2. resulting lengthy pretrial detention  children are engaged in child labor  discriminatory against women married under civil war</p>	00:20	
Rules for communication	Slide	<p>Accept differences and adapt to them  understanding and empathy  culture can affect communication and language  knowing the display of emotions  pay attention on gestures and emotions</p>	00:30	
Volunteer work	Slide	<p>Most Volunteer jobs in Namibia are about wildlife or animal care, these are the fields of interest.  Many volunteer workers spend their time in animal conservations and help the animals to grow. Also teaching and caring for kids especially in poor regions is a possibility. Also health organization offer volunteer jobs</p>	00:30	
Dress Code	Slide	<p>Bush hats for protection of the sun when on safari  Solid shoes, Snakes and scorpions are usual to meet in Namibia  Colthes that protect you from insects and other dangerous wildlife  Flexible bags instead of hard suitcases</p>	00:30	
Ideas for a successful stay	Slide	<p>Driving on the left side of the road, (Lefttraffic)  Always keep an eye on the wildlife, if you don't watch it you will be surprised how dangerous it can be  Watch the criminality when you are in cities, in towns its not that bad but once you get in a bigger city you will have to watch your pockets attentively  There will be guys asking you if they should look for your car for a little tip, use that opportunity or you will regret it  When you change money or get money back, always take it in south african dollars if possible.  The Namibian dollars have way less purchasing power and not everyone takes them, while you can change and trade with south african dollars nearly all around the world.</p>	00:45	
Ending	Slide	<p>Thank you for your attention. This is a homemade production of a collaboration from <del>XXXXXXXXXX</del>  <del>XXXXXXXXXX</del></p>	00:15	

## My Gap Year ~~~~~

Step 1 : -> work as an au-pair

- only job in which you earn money
- ↳ you have to spend lots of money, e.g.:  
flight etc. (cultural visits)
- being in a family (safe accommodation,  
food)
- colloquial languages skills
- daily contact with the family
- you get to know a different way of life  
(family, lifestyle, culture)

Step 2

- visa
- ESTA (USA)
- get to know the different laws, e.g. when  
can you drive a car / drink alcohol?
- weather conditions
- currency (e.g. dollar)
- medical information (epidemics)
- passport / ID
- political situation / economic situation
- basic knowledge about the country /  
general information

### Step 3 (s. Blatt)

- non-commercial organizations on the internet:
  - planmygapyear.com
    - L7 volunteer overseas organization
    - L7 across 11 countries in Africa and Asia
    - L7 a safe, structured and social experience abroad with opportunities available 1 to 24 weeks
    - L7 childcare volunteer projects
    - L7 countries: Bali, Cambodia, Ghana, India, Morocco, Nepal, South Africa, Sri Lanka, Tanzania, Thailand, Vietnam
    - L7 conditions for accepting people:
      - you don't need experience
      - just your commitment and enthusiasm to help make a real difference in children's lives
    - L7 English teaching volunteer projects
    - L7 Medical volunteer projects
    - L7 under 18 volunteer projects
    - L7 Wildlife conservation projects
    - L7 PMGY Experience volunteer projects

### projects-abroad.de

- L7 volunteer projects
- L7 country: Africa, Asian, East Europe, South America

~~\_\_\_\_\_~~  
L7 conditions: commendatory letter from a  
teacher / employer / professor  
flexible, adaptable, open-minded

ganforce.org

Step 4 (s Blatt)

- Australia

Step 5 (s Blatt)

sufficient knowledge about Australia:

- Ethnic groups: Aborigines
- social situation: economic:
  - tourism
  - technology
  - extractive industry (coal mining)
  - cattle ranch
  - entertainment / film industry

inhabitants: 23,13 million

joblessness: 5,7%

- political situation: parliamentary, democratic federal state
- important cultural situation: traditions from the Aborigines

## step 6 (s Blatt)

### links:

- <https://www.pleanmygapyear.com/pmyg-experience-volunteer-abroad-projects>
- <https://www.projects-abroad.de/warum-mit-uns/gapyear>
- <https://gapforce.org/de/gap-year-programme>

#### Step 4

- you decide on an English-speaking country (depending on what the organizations offer) – to decide on a country also check Step 5

- ideas for countries:

- Ghana
- Australia
- New Zealand
- ✗ Uganda
- Namibia

Reason: We want to discover another country with other living conditions where we never have been before and to help people and children we have chosen Uganda, because there is the best organization we found.

#### Step 5

- you know that to be accepted you will have to present yourself in an assessment centre
- watch the following two links to get an idea of what it means to live in another culture:
  - <https://www.skillsyouneed.com/ips/intercultural-communication.html>  
19.04.2017 15.25
  - <http://www.englishandculture.com/blog/bid/71208/Your-Intercultural-Communication-Skills-5-Ways-to-Improve> 19.04.2017 15.27
- Take notes on what is mentioned in the clips.
  - Discuss in your team:
  - What seems really strange
  - What do we think is most important to get along
  - What are aspects that might be important for foreigners planning to live in Germany

- Notes:
1. Be aware of your own culture / self awareness
  2. Be a learner → find out what other people's ideas are
  3. Get curious → operating on different assumptions and values
  4. Listen and observe → watch how others communicate
  5. Experience different cultures regularly → travelling, movies / social groups, arts museums from another culture

strange: other nonverbal gestures in the country  
deep understanding of your own cultural identity / values  
how does those values influence the way that you interact with people

most important: open-minded, adaptable, flexible, sociable,  
knowledge of the country / culture, punctual, willing  
to communicate (in different languages)

# by gap year

## Step 1

- au pair:

-

⊕

⊖

- work with kids
- get to know a new lifestyle
- live in a family → not alone
- you have a state of social environment
- free time when the kids aren't at home
- the family wants you to feel comfortable

- Sometimes the kids are annoying
- if you cannot handle the kids
- if you don't like the family

## Step 2

- money
- host family → how many ~~the~~ children
  - where
  - the tasks
- travelling ID
- visa (visum)
- informations about the country → politics
  - clima
  - religion
- medical check
- needily public transport or car



### Step 3: Au-pair World

- we googled au pair
- ~~at~~ ~~the~~ ~~page~~
- make your own profile → interests, age, picture
- search for family → in the country you want to go
- contact the family
- get to know them
- sign a contract
- you can search host ~~families~~ <sup>families</sup> or au pair
- all countrys
- as an au ~~pair~~ pair you have to support the family, helping with childcare and housework, you get pocket money

### Step 5:

"If you talk to a man in a language he understands, that goes to his head. If you talk to him in his language, that goes to his heart." (Nelson Mandela)

- talk to people who know the culture
- some knowledge about the country and culture
- know how the people use their languages
- visit different things → restaurants, a park, ...
- watch the news to know ~~the~~ <sup>what happens</sup> ~~about~~
- eager to learn new things / words

#### Step 4

- you decide on an English-speaking country (depending on what the organizations offer) – to decide on a country also check Step 5
- ideas for countries:
  - Ghana
  - Australia
  - New Zealand
  - Uganda
  - Namibia

South Africa

#### Step 5

- you know that to be accepted you will have to present yourself in an assessment centre
- watch the following two links to get an idea of what it means to live in another culture:
  - <https://www.skillsyouneed.com/ips/intercultural-communication.html>  
19.04.2017 15.25
  - <http://www.englishandculture.com/blog/bid/71208/Your-Intercultural-Communication-Skills-5-Ways-to-Improve> 19.04.2017 15.27
- Take notes on what is mentioned in the clips.
  - Discuss in your team:
  - What seems really strange
  - What do we think is most important to get along
  - What are aspects that might be important for foreigners planning to live in Germany

- knowledge of the culture, organisations & institutions, history, general way of live
- attention to political, social, and other problems
- language skills & knowledge about the "normal" behavior
- knowing the laws (like <sup>the</sup> treatment of women, other ethnic groups)
- respect the opinion of others

- talk to people who know the culture about common problems
- Adapt your behaviour (→ don't expect others to do the same)
- Apologise!
- listen carefully & check the understanding during the conversation
- Reflect on your experience
- use local television to learn about behavioural issues and norms

## Step 6:

The most interesting information about Tanzania:

### - Poverty

- Tanzania is part of the 20 most poor countries in the world
- on average one person gets \$ only 570 USD  
in one year  $\approx 522 \text{ €}$
- that's why they don't eat enough
- there is a big difference between poor and rich people
- Most schools are in a bad state, especially in rural areas
- Many people haven't got enough power and water
- link of a clip: ~~https://www.youtube.com/watch?v=avLq8J-MueU~~
- There is a slow economic growth
- more than a third live below the basic needs poverty line

verbal & non-verbal communications:

- comfortable distance (arms length)
  - eye contact is important, but the people will tend their eyes to  
↳ they trained this during apartheid, because staring in  
another's eyes was to offensive.
  - they name each other usually with their first name "bra", "sistah" or  
their tribal names. In the office they call each other Mr./Mrs  
his
- Dress code:
- SA has 4 seasons so it can get really cold  
↳ people wear uniforms, but in the office they wear more formal clothes
  - they don't have a National Costume
  - ethnic groups have some major styles of dress (never worn in urban areas)

Ethnic groups:

- SA has 11 official languages  
↳ most of them can speak English
- Black African: 79% White 9,6% mulatto 8,9% Indian & Asian 2,5%

social situation

- SA has a huge number of violence and crime
- 16th highest rank in the world
- can have bad effects on family life, the community,  
the functioning and stability of the economy and the  
public health results

### Step 3

- search the net for non-commercial organizations that offer gap year stays
  - take notes on
    - how you searched for an organization
    - the organizations
    - their conditions for accepting people
    - the countries you can go to

Links:

<https://internationalvolunteering.com> 19.04.2017 15.49

<http://afs.org/> 19.04.2017 15.50

<http://collegelists.pbworks.com/w/page/16119457/Gap%20or%20Service%20Year%20Programs> (Portal) 19.04.2017 15.52

<http://www.ulladulla-h.schools.nsw.edu.au/documents/47169816/47177845/Gap%20Year%202015%202016.pdf> (Liste) 19.04.2017 15.54

<http://collegecounselling.com/College-Counseling-College-Gap-Year-Options.html> (Liste) 19.04.2017 15.57

<http://www.gap-year.com/preparation> 19.04.2017 15.59

Organization	countries	Jobs/activities	Conditions
Amigos de las Americas	Colombia, Costa Rica	Agriculture, Building, Education	Age 16, length of Program 6 months
Globe Aware	Cuba, Africa, India, Mexico, Thailand	care, Community Development	16, 17 years require a writer
Cross-Cultural solution	Greece, Peru	child Development, woman's empowerment	8 years with family, 15
Project Abroad	Argentina, Samoa	Building, Agriculture, Human Right	minimum age 16
Global Brigades	Ghana, Honduras	Agriculture, Building, Business Development	minimum age 18
Service for peace	Dominican Republic, Guatemala	Business Development, Education	18-27 (with waiver)