

Brainstorming

Thoughts and Emotions

Ideas taken from *Letters About Literature* (<http://read.gov/letters/>)

Books can influence our perceptions of ourselves and our world.

Step 1:

Think of the book you have just read.

Now look at the chart labelled THOUGHTS and EMOTIONS.

In the first column, make a list of specific details from the book that triggered a new way of thinking about someone or someplace or something. Was there anything in the book that made you realize something you hadn't thought of before.

In the second column, make a list of specific details from the book that triggered an emotional reaction.

Thoughts	Emotions

Step 2:

Draw conclusions about the information you listed in both columns. What link did you discover between your thoughts and your emotions and the characters or events in the book? What did you learn about yourself by reading the book?

Step 3:

Present your findings to the group. Listen carefully to what your team members tell you about their thoughts and emotions.

Step 4: As a team, make a list of similarities and differences you've found.

Similarities	Differences

